

ESSEX
LUNATIC ASYLUM.

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REPORT OF  
THE COMMITTEE OF VISITORS,  
THE MEDICAL SUPERINTENDENT,  
AND OTHER PAPERS RELATING TO THE ASYLUM.

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PRINTED BY ORDER OF THE COURT OF QUARTER
SESSION 31ST DECEMBER, 1867.

GIBSON, { CLERK OF THE
PEACE. .

.....

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COMMITTEE OF VISITORS

FOR THE YEAR 1868.

NATHANIEL CLARKE BARNARDISTON, Esq.,
Chairman.

THOMAS WILLIAM BRAMSTON, Esq.,

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JOHN GURNEY FRY, Esq.,

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WILLIAM MICHAEL TUFNELL, Esq.,

EDGAR DISNEY, Esq.,

JOHN COOPE DAVIS, Esq.,

JOSEPH ALFRED HARDCASTLE, Esq., M.P.,

THE HONORABLE ARTHUR PETRE,

RICHARD WILSON PELLY, Esq.,

} *For the County.*

EDWARD WILLIAMS, Esq., M.D.,

HENRY WOLTON, Esq.,

} *For the Borough of
Colchester.*

JOHN PAYNE, Esq.,

} *For the Borough of
Maldon.*

ALFRED NICHOLAS JONES, Esq.,

HENRY BURROWS, Esq.,

} *For the Borough of
Saffron Walden.*

THOMAS MORGAN GEPP, *Clerk to the Visitors.*

HOUSE COMMITTEE

FOR THE YEAR 1868.

NATHANIEL CLARKE BARNARDISTON, Esq., *Chairman*,
THE REV. JOHN PEARSON,
JOHN GURNEY FRY, Esq.,
RICHARD BAKER WINGFIELD BAKER, Esq.,
SIR THOMAS BARRETT LENNARD, BART.,
EDGAR DISNEY, Esq.,
JOHN COOPE DAVIS, Esq.,
THE HONORABLE A. PETRE,
RICHARD WILSON PELLY, Esq.

OFFICERS.

D. C. CAMPBELL, Esq., M.D.	<i>Resident Medical Superintendent.</i>
R. B. GILLAND, Esq., M.D.	<i>Medical Assistant.</i>
THE REV. JOSEPH SOWTER	<i>Chaplain.</i>
MR. CHARLES RAYNER	<i>Steward and Clerk of the Asylum.</i>
MRS. CRABB	<i>Matron.</i>

REPORT

OF THE

COMMITTEE OF VISITORS.

.....

To Her Majesty's Justices of the Peace in Quarter Sessions assembled at Chelmsford, in and for the County of Essex, on Tuesday, the 31st day of December, 1867.

The Justices elected at the General Quarter Session of the Peace, holden on the 1st day of January, 1867, as a Committee on behalf of the County of Essex, during the year then next ensuing, for the purpose of the Asylum, erected for the Pauper Lunatics of the said County, and the united Boroughs of Colchester and Maldon, pursuant to the Act of Parliament 16 and 17 Vic. cap. 97, present this, their Annual Report, conformably with the provisions of the said Act.

The Committee whilst again bringing before the notice of the Court the continued increase in the number of the Patients at this Asylum, and the want of corresponding accommodation, entertain a hope that the Court will take into its serious consideration the measures which have been proposed for meeting the want above alluded to, and as set forth in the Reports of the Medical Superintendent and the County Surveyor, already presented to the Court.

There were in the Asylum—

On the 25th December, 1861—	Males	197—	Females	270—	TOTAL	467
„	1862—	212—	„	286—	„	498
„	1863—	214—	„	307—	„	521
„	1864—	232—	„	318—	„	550
„	1865—	236—	„	318—	„	554
„	1866—	250—	„	323—	„	573
„	1867—	253—	„	334—	„	587

There were during the year

1861—	Admissions	140—	Under treatment	587
1862—	„	139—	„	606
1863—	„	152—	„	650
1864—	„	170—	„	691
1865—	„	150—	„	700
1866—	„	169—	„	723
1867—	„	203—	„	776

GENERAL RESULTS OF THE YEAR.

	Males.	Females.	Total.
Patients in the Asylum 25th Dec., 1866—	250	323	573
Admitted during the Year	94	109	203
	<hr/>	<hr/>	<hr/>
Under treatment during the Year	344	432	776
Removed during the Year, viz.:—			
	M.	F.	Tl.
Recovered	39	62	101
Improved	3	2	5
Unimproved	4	2	6
Died	45	32	77
	<hr/>	<hr/>	<hr/>
	91	98	189
Remaining 25th Dec., 1867	253	334	587

Number of Visitors to Patients, 1,736.

The Committee are not in a position to report definitively on the question of the Indian Lunatics brought before the Court at the last Epiphany Session. A suggestion, however, has been made to the Secretary of State for India, through the medium of the Commissioners in Lunacy, to the effect, that in the opinion of the Committee suitable

Asylums should be provided in England by the government of India, for the reception of Lunatics from that country, and that the County of Essex should not be called upon to receive into its Asylum a class of Patients for which this institution was never intended. No answer to this communication has at present been received.

The following is the minute made by two of the Commissioners in Lunacy after inspecting the Asylum in the month of May last:—

“ ESSEX COUNTY ASYLUM,
21st MAY, 1867.

“ We were yesterday engaged in an inspection of this Asylum, in the course of which we visited all the Wards and Offices, and personally examined the Patients. There are now 590 in number, of whom 252 are Men and 338 Women.

“ One man and two women are absent on leave. The vacant accommodation does not exceed five beds in the Male and 14 in the Female division, and most of the associated dormitories contain more beds than they were originally intended for. In these circumstances, therefore, and with a steady annual increase in the number of County Patients, the question of enlargement is one which presses for immediate consideration.

We have had some conversation with Dr. CAMPBELL as to the most efficient and inexpensive mode of making the requisite additions, and we are of opinion that New Wards in connexion with the Workshops and Laundry Buildings, would prove convenient and economical.

“ Since our colleagues' last visit in June, 1866, 83 Males and 102 Females have been admitted, 37 Males and 52 Females have been discharged, and 30 Males and 39 Females have died. As many as 14 deaths in the Male and

18 in the Female division were attributed to paralysis or general paralysis, but in other respects the causes of death call for no particular notice. No suicide or fatal accident has occurred. Of the Patients who were discharged 82 were reported as recovered.

“With a few exceptions, on the Women’s side, the Patients were quiet and orderly, and generally in a satisfactory state. We noticed that an unusually large proportion of the inmates were old and helpless, or demented and paralytic ; and with such cases we are aware that it is most difficult to establish any system of occupation or amusement. We think, however, that, by persevering efforts on the part of the Attendants, a larger proportion might be induced to employ themselves, and that, among other simple occupations, mat making and basket making might be introduced.

“The numbers reported to be employed are 138 in the Male and 180 in the Female division. Of the men 65 work on the land.

“Divine service is performed as usual, and the attendance averages 215 on Sunday and 94 on week days. The arrangements for exercise and recreation are the same as before reported. We found the Wards clean and in good order, and the bedding throughout in the best condition. The Cottages presented the same air of comfort and cheerfulness as usual, and the Grounds and Airing Courts were well kept.

“Some of the Galleries will shortly be re-papered, and we have suggested that there should be more blinds in the dormitories. We have before alluded to the large proportion of feeble and paralytic cases in this Asylum, but the sanitary state of the inmates is now good, and we did not find more than four or five of each sex in bed. Nineteen men, and the same number of women, are registered as being under medical treatment.

“As regards the employment of seclusion and mechanical restraint we find that the latter is never used. Seclusion has been resorted to in the cases of eight Males and eleven Females; and in two instances, in each side of the house, the seclusion has been for somewhat prolonged periods.

“The dinner yesterday consisted of soup, with meat in it, and bread. Some of the Patients seem to dislike this dinner, but the soup was strong and well made, and as it is given on only one day in the week we could see no reasonable ground for complaint.

“The staff of Attendants and Nurses continues to be kept up. Well and efficient persons are employed, who seem to be kind and judicious in the performance of their duties.

“In conclusion we have pleasure in again reporting that the Asylum continues to be in a very creditable state, under the able superintendence of Dr. CAMPBELL.

“W. G. CAMPBELL, } COMMISSIONERS
“JAMES WILKES, } IN LUNACY.”

The Committee would remark that the murder by the patient George Bloomfield of his fellow patient, Joseph Weider, took place a few weeks after the visit of the Commissioners. Bloomfield has been removed to the Broadmoor Criminal Lunatic Asylum under warrant of the Secretary of State, and an order has been signed by two of the Justices of the Peace for this County for the payment of 14s. weekly to the Superintendent of the Broadmoor Asylum for Bloomfield's maintenance.

On the 14th of May last a deputation from the Dunmow Union having visited the Asylum reported to their Union that they personally inspected each of the Patients belonging to that Union to the number of 39. Of these one was

reported "convalescent," and five as "improving," cases in which some hopes of ultimate convalescence might be entertained. They add—

"Of the remainder, or at least the greater part of them, we fear that death alone will bring a termination to their malady. However, in the meantime, it is satisfactory to reflect that everything which skill and science and kindness can do is done to alleviate, if not to cure, their affliction."

The Guardians appointed as a Committee on behalf of the West Ham Union to visit the Asylum went over the establishment on the 3rd of October last, and they Reported that they found the number belonging to that Union to be 84, being an increase of 16 on the previous year. Of that number one was reported to be well and nine were improving, and, in the opinion of Dr. CAMPBELL, likely to be restored to good health. The Report proceeds as follows:—

"The Committee have to bear testimony to the great care and attention bestowed on all the Patients, the cleanliness existing throughout the whole of the establishment; and also they have to thank Dr. CAMPBELL for the great courtesy shown to them on the occasion of their visit."

The Committee of Visitors cannot conclude without alluding to the loss (still fresh in their memory) which they and this institution have sustained by the lamented decease of their late Chairman, CHARLES GRAY ROUND, Esq., and introducing in their Report the following Resolution passed at the last meeting on the 16th inst.

On the motion of THOMAS WILLIAM BRAMSTON, Esq., and seconded by JOHN GURNEY FRY, Esq., the following minute was unanimously ordered to be entered:—

"The Committee desire to record on the minutes their sense of the great loss they, the Asylum, and the County

have sustained by the death of their most respected and deeply-lamented chairman Mr. ROUND. His superior abilities, his legal knowledge, his sound judgment, and his devotion to all matters connected with the Asylum, enabled him, without effort, to discharge satisfactorily to all parties the duties which devolved upon him.

“The Committee desire also to bear testimony to the readiness with which he listened to the opinion of others, to his modesty, to his patience, and to his invariable courtesy, qualities which, while they greatly facilitated the transaction of official business, endeared him personally to every member of the Committee.”

It was also proposed by Mr. BRAMSTON and seconded by Sir THOMAS WESTERN, Bart., and resolved unanimously—

“That a copy of the above resolution be transmitted by the clerk to Mrs. ROUND, with an expression of the sincere sympathy of the Committee on her sad and sudden bereavement.”

A copy was accordingly transmitted by the clerk to Mrs. ROUND, and acknowledged by that lady as follows:—

BIRCH HALL,

December 24th.

DEAR Mr. GEPP,—I have received, with feelings of gratitude, the copy of the minute passed by the Committee of the Essex Lunatic Asylum, in reference to the loss with which it has pleased God to visit me. The handsome tribute which they have offered to the memory of my late husband is at once so just and faithful that I cannot sufficiently express my obligation to them for placing it upon record on the minutes of one of the most important of our county institutions. This I can with truth affirm—that there was no institution in this county which engaged so

much of his thoughts and, I believe I may add, his prayers. Not even indisposition could at any time prevail with him to forego his attendance at the Committee, and, even within the last three weeks of his life, he was in doubt whether he ought not to make the attempt to be present.

“ And I am, dear Mr. GEPP,

“ Most truly yours,

“ EMMA S. ROUND.”

“ *T. M. Gepp, Esq.*”

NATH. C. BARNARDISTON, CHAIRMAN.

T. W. BRAMSTON.

J. W. PERRY WATLINGTON.

ARTHUR PETRE.

JNO. GURNEY FRY.

THOMAS B. WESTERN.

CHARLES DU CANE.

W. M. TUFNELL.

REPORT

OF THE

MEDICAL SUPERINTENDENT

TO THE CHAIRMAN AND VISITORS OF THE
ESSEX LUNATIC ASYLUM.

GENTLEMEN,

In compliance with established custom, it again becomes my duty, as Medical Superintendent, to submit the customary tabular statements in relation to the admission and discharge of Patients during the past twelve months. In doing so very few remarks will be required, as there has been so little deviation from the practice of former years; consequently few points of a novel character to advance or to vary that uniformity by which yearly reports of the same Institution must, after a certain period of its existence, be characterised.

In an age of advanced civilization like the present, which, while it multiplies our pleasures, no less increases our crosses and misfortunes, nervous and mental affections of every kind are unhappily seen to be extremely prevalent; it is therefore gratifying to reflect on the marked improvement which has taken place throughout the kingdom in the medical and moral treatment of the insane.

I have again satisfaction in announcing, that during the past year the Asylum has been conducted with the same success which has hitherto marked its progress, the number of recoveries having exceeded the usual proportion, and the treatment pursued has been the means of greatly improving the mental and physical state of many sufferers, whom disease had long removed far beyond the reach of complete recovery.

On the 25th December, 1866, there were in the Asylum 573 Patients, namely, 250 Males and 323 Females.

The admissions in the course of this year have been 203, viz., 94 Males and 109 Females, and the total number under treatment in the course of the year was 776. During the same period 101 Patients have been discharged recovered, 5 were removed improved, 6 unimproved, and 77 died.

The average number resident in the house was 581. There now remain in the establishment 253 Males and 334 Females—Total 587. The recoveries shew a proportion of 50 per cent. to the total number of admissions, and the mortality is 13 per cent. on the average number resident.

The proportion of recoveries effected during the year, whilst in itself it presents a very gratifying result, adds fresh evidence of the importance, as urged in former reports, of a very early attention and application of Medical and moral treatment to the first access of mental alienation.

The cases that happily terminated are admissions, mainly, of this and the preceding year, although some have been under treatment for a much longer period, and are so far of an exceptional character, as very little hope is entertained of effecting a cure when adequate treatment has not been had recourse to within a year after the first appearance of disordered mind. Though, however, such be the ordinary experience, still a recovery is not to be de-

spaired of so long as there are no indications of organic changes having been evolved in the brain, or of the mental symptoms having been from the beginning associated with visceral disorders of an incurable kind.

While the number of recoveries have been above the average, the deaths have also amounted this year to the large number of 77, being a per centage of 13 on the average number resident, and 9 on the total number under treatment. It will be perceived that the remarkable insalubrity of a portion of the byepast year, which affected to such an extent the health and mortality of the general population, has not been without its effects on the inmates of this Institution, nor, so far as I have had the means of ascertaining, on those of most other similar establishments throughout the country. This result has not arisen in our case so much from the unusual prevalence of any specific malady, as from the gradual dying off of Patients affected with chronic diseases in themselves fatal, but who, in a more genial season, would probably have survived for some little time longer. It will be seen, on reference to the obituary, that general paralysis, pulmonary consumption, epilepsy, and debility, have been the most frequent causes of death, and no care can ward off old age. In the admissions, also, of the year, a large number have been at once recognised as being in advanced and hopeless stages of mental malady, and some in a physical condition quite deplorable: paralysed, helpless, nearly speechless, and fast advancing to death. Some of those have died in a few weeks after admission; some have lingered longer; some are kept alive by extreme nourishment and stimulants alone; and, in many, no prospect of cure from the first existed, or of long continued life.

Amongst a large body of persons deprived of self-control, instances of violence, destructiveness, and attempts at suicide will, under the most judicious management, and in the

best constructed building, occasionally occur. The liability of such interruptions to the order, quietude, and well-being of the whole body of persons under treatment is a constant source of anxious solicitude on the part of those whose duty it is to devise and enforce means calculated to prevent such occurrences. Although few or no outbreaks or attempts at self-destruction may arise, yet it is absolutely necessary to observe constant precautions. Continued watchfulness and discretion should be always exercised, even when there may appear little or no danger of accident.

During the past year, a very painful instance occurred. Two Patients who had always been apparently great friends were one morning employed making beds in one of the associated rooms, when one of them acting under a delusion suddenly struck the other over the head with a chamber utensil, causing such severe wounds that the man who was struck died in a few hours afterwards. In this case a coroner's inquest was held, which ended in a verdict of murder being returned. The unfortunate man has since been sent to the Broadmoor Criminal Asylum. No fault was attributed to the attendants who were working close to the Patients at the time of the unhappy occurrence—in truth, the difficulties connected with such cases are sometimes not easily surmounted. It is indeed satisfactory to know that among a community of nearly six hundred insane persons, many of whom have a strong propensity to self-destruction, and several an homicidal tendency, only one has effected either purpose during several years past.

In regard to the occupations and amusements of the Patients, I can recall little of any moment to which I have not already alluded in former reports. All occupations, when regular and adapted to the habits of the Patient, are found not only to divert the mind from its delusions, but frequently to put an end to that restlessness which attends

so many forms of insanity, consequently are of great importance in promoting the cure of their malady.

A large number of the Patients are daily employed in the farm and garden and other out-of-door labour; some are employed as shoemakers, carpenters, tailors, bricklayers, and painters. During the summer months, the whole internal parts of the Asylum were painted and white-washed by the Patients, and a large number give their services at domestic work. The females are occupied in the washing-house and laundry, in the kitchen and at domestic work, and in knitting, embroidery, and other fancy work.

Thus all our occupations continue to be of a useful nature, and calculated to induce habits of regularity and perseverance.

In our employments we must always be guided very much by the symptoms of the Patient, both mental and bodily, for our great advantage consists not in the quantity of work executed, but in what contributes most to the cure of the Patients. The most efficacious is bodily exercise, judiciously modified, according to the powers and constitution, and also the previous habits of the individual. Hereby not to mention the increased harmony and tranquility of the Asylum, the spirits of the Patients are exhilarated, the distraction and tumult of their thoughts abated, and the body strengthened so as to facilitate recovery, whilst by the operation of the same wholesome discipline, the Patients on quitting the Asylum are restored to their friends and families, endowed with those habits of industry which may best secure them through the effects of idleness relapsing into their recent malady. Our amusements consist of bagatelle, cards, draughts, drawing, and music, vocal and instrumental.

Newspapers, and several periodicals, such as "Household Words," "All the Year Round," "Sunday at Home," "The Leisure Hour," "Cassell's Illustrated," "Chambers'

Journal," "Punch," "Judy," and "Fun," are circulated through the Wards, and as several evince a taste for reading, a library has been provided to afford information and pleasure, not only to the Patients but Attendants.

I may add that contributions from parties in the county would be gratefully received to increase the number and variety of books. During the winter evenings meetings were frequently held in the Amusement Room, for music, dancing, and singing, and were much enjoyed by the Patients, while during the summer evenings the cricket field and bowling green were favourite resorts, and the good effects of such games were apparent in many instances. Walking excursions into the country have been a source of enjoyment to many Patients, and are calculated to weaken the impression too often entertained that detention here is a penal confinement, and not a discipline rendered necessary by disease; also to make the Patients feel that they are looked upon as rational beings and permitted to enjoy variety of scene, most efficient expedients for dispelling gloom, by diverting their minds from those hallucinations, the recurrence of which it is of so much consequence to prevent, and by communicating sensations of happiness, which it must be ever beneficial to foster. Some few have also been permitted to attend the Penny Readings in Brentwood, and no attempt has ever been made to abuse the privilege by endeavouring to escape.

In regard to the business of the establishment during the year to which this Report refers, the most important topic that claims your attention is the present accommodation for Patients, the growing demand for admission, and the pressing necessity for the extension of the building. There has been a gradual yearly increase in the number of admissions since the commencement of the Establishment, and I regret to say that the number admitted during the past twelve months has exceeded that of any previous year

by no fewer than 33 Patients, while the excess of admissions over the discharges and deaths was 14.

On the 29th August, 1863, the new Blocks erected at that time for the purpose of enabling the Asylum to receive seventy-five additional Patients were opened, and were immediately occupied by fifty males, but it may be remembered that a large number had been accommodated in the body of the Asylum previous to the additions, the house then, as now, having been undesirably crowded. These additions, consequently, rather increased the accommodation of the Patients, and provided for more extensive classification than made provision for a very large increase of the number. At that date the total numbers were 211 Males and 307 Females, total 518. The numbers to-day are 253 Males and 334 Females, total 587, exhibiting an increase of 69 since these buildings were opened.

This statement marks not only a progressive increase in the population of the Asylum, but proves that should the Patients increase in the same proportion you will be under the painful necessity of refusing admission to a number of cases, and at a time when room cannot be found in other places, making it extremely desirable that the projected enlargements should be carried out without any delay.

The probationary clause in the Act of Parliament which gives power to send convalescent Patients out on trial previous to their being removed from the books of the Asylum was again taken advantage of in no fewer than thirty-nine instances during the year, and save in five cases, the trial had a favourable issue. The allowance made during the term of probation was always of very essential service by diminishing the pressure of poverty at a time so important to the mental health.

A large number of Patients on discharge have also received assistance from the Benevolent Fund.

In one of my early reports, I took the liberty to express

my regret that, with few exceptions, the Guardians Unions did not take advantage of the 65th section of Act of Parliament 16 & 17 Vic. cap. 97, to visit yearly the pauper lunatics. Such visits would go far to remove all erroneous ideas regarding the internal economy of a Lunatic Asylum. As I stated before, they would see the advantages which such institutions afford to the insane poor, compared with their treatment in former days. They would see that gentleness, candour, exercise, and useful labour have now succeeded to harshness, deception, inactivity and rest; that the hands which were formerly bound are now handling the spade; the mind that was once bewildered by the artifice of false representation is now soothed by the voice of truth; the solitude and rest which once benumbed the faculties and rendered torpid all the energies are now exchanged for the enjoyments of social life; and the heart once sunk in the gloom of religious melancholy is now gladdened by the voice of praise.

I have pleasure in again feeling it my duty to state that any favourable results for the improvement of those under my care, or for the state of the Establishment has been materially promoted by the efficient co-operation of my Assistant Dr. GILLAND, and the other officers.

In expressing my best thanks to your Committee for the courtesy which I have at all times received, as well as that powerful and uniform support and assistance which I hitherto sustained and encouraged my efforts to carry your designs into effect, I have to deplore the loss the Institution has sustained by the death of one, who ever since my appointment here, has presided over your Councils, and was to myself personally a courteous, kind, and faithful friend, and a most valuable adviser. During that long period the affairs of the Asylum occupied much of my time and attention. Its interests and its management were watched over with constant solicitude. By the officers and

attendants he was looked on as a friend, and many of the unfortunate inmates expressed the most lively sorrow when they received the sad intelligence of his death. One of the very last occasions on which he quitted his own house was to visit the Asylum, and it will not be matter of surprise to those who knew the deep interest which he took in its welfare, that till within a very short time before his painful illness terminated in dissolution, his thoughts were occupied with its enlargement and improvement for the comfort of the Patients, whom he was destined never to see again.

He has gone from among us, yes, gone, but not to memory, for sure I am of this that the blessings of all who knew him, rich and poor, will ever attend the mention of his honourable name.

I remain,

GENTLEMEN,

Your obedient Servant,

D. C. CAMPBELL, M.D.,

MEDICAL SUPERINTENDENT.

5th December, 1867.

TABLES.

TABLE, No. 1.

GENERAL RESULTS OF THE YEAR.

				Males.	Females.	Total
Patients in the Asylum 25th December, 1866. . .				250	323	573
Admitted during the year.. .. .				94	109	203
Under treatment during the year				344	432	776
Removed during the year, viz. :						
		MALES	FEMALES	TOTAL		
Recovered	39	62	101	91	98	189
Improved	3	2	5			
Unimproved	4	2	6			
Died	45	32	77			
Remaining 25th December, 1867.				253	334	587

TABLE, No. 2.

SHOWING THE AGES OF PATIENTS ADMITTED DURING THE YEAR.

				Males.	Females.	Total
From 10 to 20 years	8	6	14			
„ 20 to 30 „	14	27	41			
„ 30 to 40 „	21	32	53			
„ 40 to 50 „	24	27	51			
„ 50 to 60 „	11	11	22			
„ 60 to 70 „	10	4	14			
„ 70 to 80 „	1	2	3			
„ 80 to 90 „	1	..	1			
Not ascertained	4	..	4			
Total	94	109	203			

TABLE, No. 3.

SHOWING THE SOCIAL CONDITION OF THE PATIENTS
ADMITTED DURING THE YEAR.

	Males.	Females.	Total.
Single	36	34	70
Married	46	57	103
Widowed	6	18	24
Not ascertained	6	..	6
Total	94	109	203

TABLE, No. 4.

SHOWING THE RELIGIOUS DENOMINATION OF THE
PATIENTS ADMITTED DURING THE YEAR.

	Males.	Females.	Total.
Church of England	58	76	134
Dissenters—Sect unknown	2	10	12
Independent	10	10	20
Wesleyan	5	4	9
Baptist	1	3	4
Roman Catholic	1	1	2
Unknown	17	5	22
Total	94	109	203

TABLE, No. 5.

SHOWING DURATION OF INSANITY IN THE CASES ADMITTED,
BEFORE THEY WERE BROUGHT TO THE ASYLUM.

					Males.	Females.	Total.
Not exceeding one month	39	53	92
Between 1 and 2 months	8	15	23
„ 2 and 3	„	4	8	12
„ 3 and 4	„	1	3	4
„ 4 and 5	„	—	—	—
„ 5 and 6	„	3	5	8
„ 6 months and 1 year	8	7	15
„ 1 year and 2 years	4	5	9
„ 2 „ 3	„	2	1	3
„ 3 „ 4	„	2	1	3
„ 4 „ 5	„	—	—	—
„ 5 „ 6	„	1	1	2
„ 6 „ 7	„	—	—	—
„ 7 „ 8	„	—	—	—
„ 8 „ 9	„	—	1	1
„ 9 „ 10	„	1	2	3
„ 10 „ 11	„	—	1	1
„ 11 „ 12	„	1	—	1
„ 15 „ 16	„	2	1	3
Not ascertained	18	5	23
Total	94	109	203

TABLE, No. 6.

FORM OF INSANITY IN THE CASES ADMITTED DURING THE YEAR.

	Males.	Females.	Total.
Mania	49	59	108
Monomania	—	—	—
Melancholia	20	40	60
Dementia	23	10	33
Amentia	2	—	2
Total	94	109	203

TABLE, No. 7.

NUMBER OF ATTACKS IN THE CASES ADMITTED DURING THE YEAR.

	Males.	Females.	Total.
Cases of first attack	49	57	106
Cases of more than one attack		49	79
Cases not ascertained	15	3	18
Total	94	109	203

TABLE, No. 8.

ADMISSIONS, DISCHARGES, DEATHS, &c., DURING EACH MONTH IN THE YEAR AND DAILY AVERAGE NUMBER EACH MONTH.

Months.	Admissions.		Discharges, Removals.		Deaths.		Daily Average.		
	M.	F.	M.	F.	M.	F.	M.	F.	TOTAL.
1866.									
December 25th to 31st...	1	1	250 $\frac{1}{6}$	322 $\frac{2}{6}$	572 $\frac{3}{6}$
1867.									
January ...	5	10	6	3	8	3	244 $\frac{10}{31}$	324 $\frac{26}{31}$	569 $\frac{6}{31}$
February ...	14	8	1	6	2	9	247 $\frac{6}{28}$	319 $\frac{23}{28}$	567 $\frac{1}{28}$
March ...	6	11	6	2	5	3	248 $\frac{7}{31}$	323 $\frac{10}{31}$	571 $\frac{17}{31}$
April ...	10	17	2	5	3	5	251 $\frac{10}{30}$	328 $\frac{22}{30}$	580 $\frac{2}{30}$
May ...	5	8	4	7	4	1	251 $\frac{4}{21}$	334 $\frac{18}{31}$	585 $\frac{22}{31}$
June ...	16	9	5	14	3	1	250 $\frac{7}{30}$	329 $\frac{9}{30}$	579 $\frac{16}{30}$
July ...	9	11	7	10	3	1	258 $\frac{26}{31}$	326 $\frac{1}{31}$	584 $\frac{26}{31}$
August ...	6	7	4	...	3	1	256 $\frac{10}{31}$	328 $\frac{23}{31}$	585 $\frac{2}{31}$
September ...	8	7	4	8	2	...	255 $\frac{21}{30}$	330 $\frac{23}{30}$	586 $\frac{14}{30}$
October ...	8	8	1	4	5	2	259 $\frac{13}{31}$	332 $\frac{25}{31}$	592 $\frac{7}{31}$
November ...	5	7	6	5	1	...	259 $\frac{24}{30}$	332 $\frac{15}{30}$	592 $\frac{9}{30}$
December ...	1	6	...	2	6	5	254 $\frac{15}{25}$	335 $\frac{15}{25}$	590 $\frac{5}{25}$
Total ...	94	109	46	66	45	32	253 $\frac{20}{365}$	328 $\frac{278}{365}$	581 $\frac{298}{365}$

TABLE, No. 9.
OCCUPATION, OR STATION IN LIFE, OF PATIENTS ADMITTED
DURING THE YEAR.

	Males.	Females.	Total.
Labourers, and Wives of	28	36	64
Servants	1	24	25
Hurdle Maker	1	..	1
Soldier, and Wife of	1	2	3
Butcher, and Wife of	2	1	3
Letter Carrier	1	..	1
Blacksmith, and Wife of	3	4	7
Confectioner	1	..	1
Hawker	1	..	1
Grocer, and Wife of	1	1	2
Printer	1	..	1
Carter	1	..	1
Clerk	1	..	1
Carpenter, and Wife of	5	2	7
Policeman, Wife of	1	1
Farmer	3	..	3
Dress Maker	1	1
Needlewoman	2	2
Cook	1	1
Shopkeeper	5	..	5
Gardeners, and Wives of	3	2	5
Rate Collector	1	..	1
Dredger, Wife of a	1	1
Innkeeper, and Wife of	2	1	3
Engine Driver, Wife of	1	1
Bricklayers	3	..	3
Plasterer, Wife of a	1	1
Lodging House Keeper	1	1
Corn Porter	1	..	1
Shoemaker, and Wife of	2	1	3
Mason	1	..	1
Seaman, and Wife of	5	1	6
Overlooker	2	..	2
Tailor	1	..	1
Painter	2	..	2
Missionary, Wife of a	1	1
Straw Plaiter	3	3
Brick Maker	1	..	1
Coachman	1	..	1
Staymaker	1	1
Pavior	1	..	1
Fisherman	1	..	1
Drover	1	..	1
Watchmaker	1	..	1
Cotton Winder	1	1
Unknown	9	19	28
Total	94	109	203

TABLE, No. 10.

SUPPOSED CAUSES OF THE DISEASES IN THE CASES
ADMITTED DURING THE YEAR.

	Males.	Females.	Total.
Hereditary	4	21	25
Epilepsy	13	10	23
Paralysis	4	1	5
Congenital	3	...	3
Intemperance	9	4	13
Injury of head	2	1	3
Sun stroke	1	1	2
Struck by lightning	1	...	1
Puerperal state	4	4
Premature labour	1	1
Illness	1	1
Old age	1	1
Hardships in America	1	...	1
Poverty	2	...	2
Religious excitement	2	5	7
Anxiety	2	4	6
Pecuniary loss	3	1	4
Loss of employment	1	...	1
Fright	1	1	2
Grief...	1	1
Death of father	1	1
Death of child	2	2
Death of husband	2	2
Death of wife	1	...	1
Misconduct of wife	1	...	1
Desertion by husband	1	1
Disappointment in love	1	1
Unknown	43	45	88
Total	94	109	203

TABLE, No. 11.

DURATION OF INSANITY PREVIOUS TO ADMISSION IN THE
CASES DISCHARGED RECOVERED.

				Males.	Females.	Total.
Not exceeding 1 week		9	11	20
” ” 2 ”		8	12	20
” ” 3 ”	3	3
” ” 1 month		4	8	12
” ” 2 ”		5	9	14
” ” 3 ”		1	6	7
” ” 4 ”		1	1	2
” ” 5 ”		1	...	1
” ” 6 ”		1	3	4
” ” 8 ”		1	...	1
” ” 1 year		1	3	4
” ” 2 ”		1	2	3
” ” 3 ”		—	—	—
” ” 11 ”	1	1
Unknown		6	3	9
			Total	39	62	101

TABLE, No. 12.

OBITUARY.

No.	Sex.	Age.	Form of Insanity.	In the Asylum.			Cause of Death.	State on Admission.	Union.
				YRS.	MOS.	DAYS.			
1	F.	51	Dementia	12	9	10	Phthisis	In good health	Romford
2	M.	70	Mania		1	21	Disease of the heart	In feeble health	Billericay
3	M.	25	Mania		2		Phthisis	In good health	Dunmow
4	M.	53	Mania	5	9	27	Congestion of lungs and bron- chitis	In good health	Maldon
5	M.	68	Dementia		6	4	General paralysis	In feeble health and paralytic	Chelmsford
6	M.	72	Melancholia	11		11	Paralysis	In feeble health	Romford
7	M.	63	Mania	3	2	23	Marasmus	In good health	Maldon
8	M.	49	Dementia	2	9	16	General paralysis	In feeble health and paralytic	West Ham
9	F.	76	Mania		9	4	General paralysis	In feeble health	Chelmsford
10	F.	72	Mania		1	27	General ² paralysis	In feeble health	Lexden and Winstree
11	F.	47	Dementia		11	5	Paralysis and epi- lepsy	Very feeble and ex- hausted	Romford
12	M.	79	Mania	2	6	17	General paralysis	In feeble health	Braintree
13	F.	60	Mania	9	6	17	Maniacal exhaus- tion	In feeble health	Lexden and Winstree
14	F.	68	Mania	13	4		Epilepsy & para- lysis	In good health	Halstead
15	F.	44	Mania	10	8	19	Paralysis	Epileptic	Rochford
16	F.	55	Dementia	13	4	13	Epilepsy	In good health	Romford
17	F.	56	Dementia	6	9	7	Disease of the heart	In very feeble health	Maldon
18	F.	71	Mania		11	27	Epilepsy	In a very feeble state	Romford
19	F.	32	Amentia	3		27	Paralysis	In feeble health, and with contraction of lower limbs	Maldon
20	F.	67	Mania	1	6	4	Marasmus	In good health	Colchester

OBITUARY—CONTINUED.

Sex.	Age.	Form of Insanity.	In the Asylum.			Cause of Death.	State on Admission.	Union.
			YRS.	MOS.	DAYS.			
M.	57	Melancholia	1	10	2	General paralysis	In feeble health	Dunmow
M.	49	Dementia	2	1	21	Phthisis	In a very weak state	Rochford
F.	44	Mania	13	4	19	Bronchitis	In good health	Dunmow
M.	34	Mania			16	Maniacal exhaus- tion	In reduced bodily con- dition	Billericay
M.	31	Dementia		7	19	General paralysis	In a weak state from paralysis	Saffron Walden
M.	51	Dementia		11	14	General paralysis	Paralytic	Dunmow
M.	61	Mania	6	2	21	Epilepsy & para- lysis	Epileptic	Romford
F.	67	Dementia		11	20	General paralysis	Very weak from para- lysis	Orsett
	77	Melancholia	4	1	19	Natural decay	In feeble health	Maldon
F.	82	Dementia	2	9	2	Natural decay	In feeble health	Romford
F.	40	Mania	2		5	Paralysis	In feeble health	Romford
F.	66	Mania	13	6	8	Paralysis	In good health	West Ham
F.	40	Melancholia		1	25	Exhaustion from refusal of food	In very feeble health	Ongar
F.	64	Melancholia	1	11	26	Maniacal exhaus- tion	In feeble health	Dunmow
F.	19	Amentia		8	18	Epilepsy	In feeble health and epileptic	Colchester
M.	50	Melancholia	4	11	6	Marasmus	In feeble health	Colchester
M.	40	Mania	1	10	16	General paralysis	Paralytic	West Ham
M.	20	Amentia		8	22	Paralysis	In feeble health	Ongar
F.	66	Melancholia	10	11	26	Marasmus	In feeble health	Epping
M.	29	Dementia	2	9	9	Phthisis	In feeble health	Lexden & Winstree
F.	29	Mania			13	Paralysis	In feeble health and paralytic	Saffron Walden
M.	73	Mania	10	10	1	Injuries of head	In feeble health	Romford
M.	41	Dementia	2	11		General paralysis	In feeble health	Bishop Stortford
M.	64	Dementia		3	1	Paralysis	In very feeble health and exhausted	Saffron Walden

OBITUARY—CONTINUED.

No.	Sex.	Age.	Form of Insanity.	In the Asylum.			Cause of Death.	State on Admission.	Union.
				YRS.	MOS.	DAYS.			
45	M.	27	Mania	5		6	Lumbar abscess	In good health	Romford
46	F.	44	Melancholia		3	18	Paralysis	In feeble health	Sudbury
47	M.	38	Melancholia	6		27	Paralysis	In good health	Epping
48	M.	43	Mania	1	11	21	Erysipelas of head	In good health	Dunmow
49	M.	72	Dementia		3	4	Paralysis	In good health	Epping
50	M.	57	Melancholia	2	1	3	Marasmus	In feeble health	Colchester
51	F.	30	Mania	4		7	Phthisis	In good health	Billericay
52	M.	80	Melancholia	12	10	2	Paralysis	In feeble health	Romford
53	F.	23	Dementia		8	20	Epilepsy	In feeble health and very emaciated	Romford
54	M.	52	Mania	3	10	28	Paralysis	Epileptic	Romford
55	M.	41	Melancholia	1	2		Exhaustion from acute mania and paralysis	In feeble health	West Ham
56	M.	60	Melancholia	2	22		Marasmus	In feeble health	Dunmow
57	M.	47	Mania			15	Maniacal exhaus- tion	In good health	West Ham
58	M.	71	Dementia	1	3	16	Natural decay	In feeble health	Romford
59	M.	42	Dementia		6		Paralysis	In good health	Saffron Wald
60	M.	45	Mania		6	19	General paralysis	Paralytic	West Ham
61	F.	82	Mania	1	4	9	Paralysis	In feeble health	Dunmow
62	F.	25	Mania	1	5	18	Phthisis	In good health	West Ham
63	M.	84	Mania		3	10	Paralysis	In feeble health	Chelmsford
64	M.	32	Mania		6	13	General paralysis	In feeble health and paralytic	Colchester
65	M.	22	Amentia	2	10	13	Phthisis	Epileptic	Tendring
66	M.	47	Dementia			21	Paralysis	In a perfectly helpless state from paralysis	Ongar
67	F.	30	Dementia	2	1		Paralysis	Epileptic	Sudbury
68	M.	39	Dementia	10	15		General paralysis	In feeble health	Witham

OBITUARY—CONTINUED.

No.	Sex.	Age.	Form of Insanity,	In the Asylum.			Cause of Death.	State on Admission.	Union.
				YRS.	MOS.	DAYS.			
9	M.	61	Melancholia	9	24	Paralysis	In very feeble health	Chelmsford	
0	M.	38	Dementia	8	6	General paralysis	Paralytic	Colchester	
1	F.	43	Mania	4	7	Paralysis	In good health	Halstead	
2	M.	22	Amentia	2	11	19	Phthisis	In good health	Ongar
3	M.	56	Dementia	8	4	Phthisis	In feeble health	Braintree	
4	F.	37	Dementia		13	Paralysis	Paralytic	West Ham	
5	M.	41	Mania	5	13	General paralysis	Very feeble from para- lysis	Tendring	
6	F.	30	Melancholia	2	14	Phthisis	Very feeble and ex- hausted	West Ham	
7	F.	77	Dementia	3	6	16	Lumbar abscess	In feeble health	Tendring

TABLE, No. 13.

CONDITION OF PATIENTS REMAINING IN THE ASYLUM.

	MALES.	FEMALES.	TOTAL.
Curable and Doubtful....	30	41	71
Incurable	223	293	516
Total	253	334	587

COMPLICATED WITH EPILEPSY, PARALYSIS, AND CHOREA.

Epileptics	47	34	81
Paralytics	14	11	25
Choreic	2	4	6

EMPLOYMENT.

Capable of being Employed	167	182	349
Incappable	86	152	238
Total Number in the Asylum December 25th, 1867.	253	334	587
Unable to attend Chapel	130	140	270

TABLE, No. 14.

SHOWING THE NUMBER OF PATIENTS CHARGEABLE TO EACH UNION.

UNIONS.	In December, 1866.		Received since.		Discharged, Removed, &c.		Died.		Remaining 25th Dec., 1867.		Total Males & Females Remaining
	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	TOTAL
Braintree	11	15	3	3	3	3	2	..	9	15	24
Bishop Stortford ..	7	5	1	2	2	..	1	..	5	7	12
Billericay	8	9	4	5	..	2	2	1	10	11	21
Chelmsford	26	25	7	8	7	4	3	1	23	28	51
Colchester	15	17	10	4	3	3	4	2	18	16	34
County	8	3	2	..	1	9	3	12
Dunmow	14	29	5	8	2	5	5	4	12	28	40
Edmonton	2	5	1	2	..	3	3	4	7
Epping	9	17	3	2	1	4	2	..	9	15	24
Halstead	5	11	6	3	..	2	11	10	21
Lexden & Winstree	15	19	2	11	1	6	..	2	16	22	38
Maldon	13	20	4	8	4	7	3	2	10	19	29
Ongar	5	8	3	2	1	3	3	..	4	7	11
Orsett	6	8	2	5	..	2	..	1	8	10	18
Risbridge	1	1	1
Rochford	12	11	2	5	..	2	1	1	13	13	26
Romford	22	26	1	5	1	3	7	8	15	20	35
Royston	1	..	1	2	..	2
Sudbury	7	5	..	4	1	1	..	2	6	6	12
Saffron Walden ..	11	16	4	4	2	2	3	1	10	17	27
Tendring	15	21	5	10	2	7	2	1	16	23	39
West Ham	27	40	24	14	12	5	5	4	34	45	79
Witham	11	12	4	4	3	2	2	..	10	14	24
Total	250	323	94	109	46	66	45	32	253	334	587

ASYLUM MEDICAL STATISTICS.

TABLE I.

SHOWING THE ADMISSIONS, RE-ADMISSIONS, DISCHARGES, AND DEATHS DURING THE YEAR 1867.

	Males.	Females.	Total.
Patients in the Asylum on December, 25th, 1866.	250	323	573
Admitted for the first time during the year	81	84	165
Re-admitted during the year	13	25	38
Total under care during the year	94	109	203
	344	432	776
Discharged or removed:	Males	Females	Total
Recovered	39	62	101
Relieved	3	2	5
Not improved	4		6
Died	45	32	77
Total discharged and died during the year	91	98	189
Remaining in the Asylum on Dec. 25th, 1867.	253	334	587
Average numbers resident during the year ..	253	328	581

TABLE II.

SHOWING THE ADMISSIONS, RE-ADMISSIONS, DISCHARGES, AND DEATHS, FROM THE OPENING OF THE ASYLUM, SEPTEMBER 23RD, 1853, TO THE PRESENT DATE, DECEMBER 25TH, 1867.

	Males.	Females.	Total.
Persons admitted during the period of 14 years and 3 months	984	1164	2148
Re-admissions	99	160	259
Total of cases admitted	1083	1324	2407
Discharged or removed:	Males	Females	Total
Recovered	398	573	971
Relieved	31	25	56
Not improved	20	23	43
Died	381	369	750
Total discharged and died during the 14 years and 3 months	830	990	1820
Remaining December 25th, 1867	253	334	587
Average numbers resident during the 14 years	188	261	449

TABLE III., Showing the Admissions, Discharges, and Deaths, with the Mean Annual Mortality and proportion of Recoveries per cent. of the Admissions for each Year since the Opening of the Asylum.

Year.	Admitted.			Discharged.						Died.			Remaining 25th Decr. in each Year.			Average No. Resident.			Per Centage of Recoveries on Admissions.			Per Centage of Deaths on Average Numbers Resident.					
	Males.	Females.	Total.	Recovered.			Relieved.			Not Improved.			Males.	Females.	Total.	Males.	Females.	Total.	Males.	Females.	Total.	Males.	Females.	Total.			
				Males.	Females.	Total.	Males.	Females.	Total.	Males.	Females.	Total.															
From Sept. 23, 1853, to Dec. 25.																											
1854	204	235	439	20	31	51	1	1	2	1	0	1	58	20	78	124	183	307	130	173	303	9.8	13.2	11.6	44.6	11.5	25.7
1855	61	68	129	22	28	50	2	0	2	2	0	2	20	28	48	139	195	334	129	193	322	36.	41.1	39.5	15.5	14.5	11.8
1856	70	64	134	29	24	53	3	3	6	1	0	1	20	18	38	156	214	370	146	207	353	41.4	37.5	38.8	13.7	8.6	10.7
1857	63	85	148	28	32	60	2	3	5	2	0	2	21	31	52	166	233	399	158	230	388	44.4	37.6	40.5	13.2	13.5	13.4
1858	64	71	135	39	36	75	4	4	8	1	2	3	18	24	42	168	238	406	165	230	395	60.9	50.7	55.5	10.9	10.4	10.6
1859	66	72	138	25	41	66	5	1	6	1	6	7	26	20	46	177	242	419	174	245	419	37.8	56.9	47.8	14.9	8.1	10.9
1860	64	97	161	20	47	67	3	1	4	2	3	5	29	28	57	187	260	447	182	256	438	31.2	48.4	41.6	16.	10.9	13.
1861	63	77	140	29	46	75	1	0	1	0	2	2	23	19	42	197	270	467	190	270	460	46.	59.7	53.5	12.1	7.	9.1
1862	60	79	139	26	37	63	0	2	2	2	2	4	17	22	39	212	286	498	206	277	483	43.3	46.8	45.3	8.2	7.9	8.
1863	61	91	152	34	38	72	0	1	1	1	3	4	24	28	52	214	307	521	213	296	509	55.7	41.7	47.3	11.3	9.4	10.2
1864	78	92	170	28	42	70	4	1	5	1	0	1	27	38	65	232	318	550	224	307	531	35.8	45.6	41.1	12.	12.4	12.2
1865	62	88	150	23	60	83	1	3	4	1	1	2	33	24	57	236	318	554	231	317	548	37.	68.1	55.3	14.2	7.5	10.4
1866	73	96	169	36	49	85	2	3	5	1	2	3	20	37	57	250	323	573	239	324	563	49.3	51.	50.3	8.3	11.4	10.1
1867	94	109	203	39	62	101	3	2	5	4	2	6	45	32	77	253	334	587	253	328	581	41.4	56.8	49.7	17.7	9.7	13.2
Total	1083	1324	2407	398	573	971	31	25	56	20	23	43	381	369	750							40.7	46.7	44.1	15.1	10.2	12.

TABLE V.
SHOWING THE CAUSES OF DEATH DURING THE YEAR 1867

Cause of Death.	Males.	Females.	Total
Cerebral or Spinal Disease:—			
Apoplexy and Paralysis	11	10	21
Epilepsy (including the decay of)	1	4	5
Epilepsy and Paralysis	0	2	2
General Paralysis	13	3	16
Mania (and exhaustion from)	3	2	5
Thoracic Disease:—			
Inflammation of the Lungs, Pleuræ, and } Bronchi }	1	1	2
Pulmonary Consumption	6	4	10
Disease of the Heart	1	1	2
Abdominal Disease:—			
Dysentery and Diarrhoea	0	0	0
Disease of Liver	0	0	0
Lumbar Abscess	1	1	2
Exanthemata:—			
Erysipelas	1	0	1
Marasmus	4	2	6
Exhaustion from Refusal of Food	0	1	1
General Debility and Dropsy, Old Age, &c.	2	1	3
Injuries of Head	1	0	1
Total	45	32	77

TABLE VI.
SHOWING THE LENGTH OF RESIDENCE IN THOSE DISCHARGED RECOVERED, AND IN THOSE WHO HAVE DIED DURING THE YEAR 1867.

Length of Residence	Recovered			Died		
	Males	Females	Total	Males	Females	Total
Under 1 month	3	1	4	3	2	5
From 1 to 3 months	12	21	33	4	4	8
" 3 " 6 "	9	16	25	5	2	7
" 6 " 9 "	5	7	12	6	3	9
" 9 " 12 "	3	2	5	4	3	7
" 1 " 2 years	2	7	9	4	5	9
" 2 " 3 "	2	1	3	8	1	9
" 3 " 5 "	3	5	8	4	3	7
" 5 " 7 "	0	2	2	4	1	5
" 7 " 9 "	0	0	0	0	0	0
" 9 " 11 "	0	0	0	1	3	4
" 11 " 13 "	0	0	0	2	1	3
" 13 " 14 "	0	0	0	0	4	4
Total	39	62	101	45	32	77

CHAPLAIN'S REPORT.

TO THE COMMITTEE OF VISITING JUSTICES OF
THE ESSEX LUNATIC ASYLUM.

GENTLEMEN,

Partly for the sake of those members of the household who were unable to attend the morning service, I was induced, some three or four years ago, to give an additional sermon once in three weeks. The effects of this service, I can thankfully affirm, exceeded my most sanguine hopes, and called forth expressions of gratitude, which surprised and delighted me. Finding this so well received, I tried the experiment, a little more than a year back, of giving a sermon every Sunday evening, and continued it six weeks, intending, if I witnessed no good results from it, to fall back on my old plan. The results, however, were so gratifying that I have never ceased from that day to this to preach in the evening; and a sermon is now looked for by the patients as a matter of course, quite as much as it is in the morning service. I beg to lay before you the course of events which led me to this, because I think you may be interested in the illustration and proof afforded by them of the fact that the inmates of the Asylum not only appreciate, but in many instances, exhibit a remarkable love for the ministration of God's word. Having preached two or three Sunday evenings during Advent, requests began to

pour in upon me, first from one, then from another, from both sides of the House, to continue as I had begun. I promised to consider the matter. This answer called forth still more urgent petitions, and as many of these were in writing, permit me to give you a few extracts from the letters I then received on the subject. The first of these letters, after alluding to the effect which a sermon preached many years ago had on the writer's mind, goes on to state that many of the patients felt as she did with regard to the question; indeed the letter might be looked on as an expression of a feeling which was general. It concluded with these words, the spelling and punctuation alone being changed, the form of expression is left just as it stands. "Rev. Sir, consider how many souls there are that can come of an evening, that cannot come of a morning. Are their souls to be forgot? God forbid. Ours is a very pressing, urgent case. It is not for food and raiment; it is for our souls' welfare. You have brought us thus far on our journey, and you, like Moses, must bring us through the wilderness also. Rev. Sir, persevere and God will give you strength. The Son of God saith we are to serve Him *all the year round*, as well as in Advent."

Another patient, who has since left the Asylum in a convalescent state, wrote also about the same date: "Rev. Sir, I feel this my duty, more than liberty, to thank you for the sermons you have preached at the close of the year, and the personal advice you have given us; and now I beg the favour of two sermons, and not unreasonable, for so many souls to be saved, not one, I trust, to be lost. If they are ungodly, or excited by fear, so much the more a preacher is needed. A Sabbath well-spent gives such support for the week, *particular* to those who cannot read."

Many letters of a similar character were received by me, and I felt that under such circumstances my course of duty was plain. I yielded to the request, and have resolved to

continue regularly the Sunday evening sermon so long as it shall please God to give me health and strength for the work. And, indeed, if I had ever been disposed to falter in this resolution, my wavering would have been *changed* into a still firmer resolve by the many and oft-repeated thanks which have been given me, from time to time, by my afflicted hearers. One of them writes as follows: "I have to thank you for the sermon you preach every Sunday evening. A many are very thankful to hear as well as myself. Many thanks for your listening to our cry. I hope you will excuse my again putting this note into your hands, expressing how thankful they are." Such expressions of gratitude are not only extremely pleasing to the feelings; they strengthen the hands, and nerve the heart for the performance of duty; they prove that the preaching of the gospel is not in vain. The word of God accomplishes the purpose for which it was sent, "It does not return unto Him void."

I might add many other proofs equally strong. A female patient in No. 10, a most respectable person, who had for a long time been suffering from deep depression of spirits, told me that the first new dawn of hope in her mind came upon her one Sunday evening in chapel. Until that time she had felt that there was no peace or comfort for her on this side the grave, and no hope beyond. The word came home to her heart, with a power greater than she could express. Since that time she has recovered her usual health of mind and body, and is gone home to her friends. Many others experience great comfort from the Word during the time of listening to it, and for a short period after; but relapsing again into their old state of melancholy. The very morning on which I am writing this report, a man who is suffering from an awful, indescribable fear, told me that he felt comfort whilst at chapel last night. Perhaps the benefit may be only temporary, but it is a great boon

even then, if for a short period, from time to time, in our public religious services the Word falls gently on their hearts, with a soothing power, such as no other word possesses.

I have performed all the other duties of my office as usual. We have had the Holy Communion as in former years. At the commencement of this present year, I had a short note from a female patient, begging that she might be allowed to be present on the following Sunday. She was, however, seized with fits before the day arrived, and was not well enough, either then or afterwards, to be present at that sacred service. Such events will serve to shew that it must necessarily be a season of great anxiety. I am compelled to exercise the greatest caution, lest I should cause undue excitement. The number of our Communicants, however, continues quite up to the usual average and, I may add, that their behaviour is always characterized by great apparent devotion.

I have visited the sick daily, and have endeavoured to carry comfort to their bedside, by reading to them selections from the word of God, and offering up prayers in their behalf, in which they often join with great fervour. And I have every reason to look back with gratitude for the blessings vouchsafed by God upon this part also of my labours. I hope and pray "That He may evermore give us His blessing."

I have the honour to remain,

GENTLEMEN,

Your obedient Servant,

JOSEPH SOWTER,

CHAPLAIN.

Warley, Dec. 30th, 1867.

TREASURER'S ACCOUNTS, &c.,
1867.

ACCOUNT of RECEIPTS and PAYMENTS by WILLIAM
Lunatic Asylum,

MAINTENANCE

Receipts.

1866. December.		£.	s.	d.	£.	s.	d.
To Balance of last Account	1836	12	3½

From Unions contributing to the Asylum for
the Year 1867, viz:—

Braintree	723	0	10
Bishop Stortford	351	0	0
Billericay	485	5	0
Chelmsford	1431	9	0
Colchester	890	3	2
Dunmow	1103	1	10
Edmonton	205	18	0
Epping	707	10	2
Halstead	487	12	0
Lexden and Winstree	1020	7	6	
Maldon	779	6	0
Ongar	358	6	2
Orsett	431	10	6
Risbridge	27	7	6
Rochford	628	16	0
Romford	1081	6	8
Royston	29	18	6
Sudbury	365	14	1
Saffron Walden	786	4	0
Tendring	1090	15	6
West Ham	2046	11	0
Witham	627	12	0

————— 15,658 15 5

Carried forward	£15,658	15	5	1,836	12	3½
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MICHAEL TUFNELL, ESQUIRE, Treasurer of the Essex County
during the year 1867.

ACCOUNT.

Payments.

SALARIES AND WAGES.				£.	s.	d.	£.	s.	d.	
Clerk to Visitors	65	0	0				
Officers	1435	0	0				
Male Attendants	598	9	5				
Female ditto	509	9	6				
Male Servants	227	16	9				
Female ditto	59	11	6				
								2,895	7	2
PROVISIONS.										
Arrowroot and Sago, 676 lbs.	14	19	6				
Beer { Malt, Hops, & { 237 qrs. Malt } Brewer .. { 1,641 lbs. Hops }	1118	0	6				
Butter, 12,113 lbs.	572	13	6				
Bacon, 452½ lbs.	17	15	0½				
Barley and Oatmeal, 812 lbs.	6	19	0				
Cheese, 9374 lbs.	291	4	7½				
Coffee, 29 lbs.	1	11	3				
Currants and Raisins, 3136 lbs.	48	6	0				
Eggs, 16,449	67	6	9				
Fish	33	18	0				
Flour, 720 sacks	1741	15	0				
Fruit	13	3	10				
Meat { Boned Beef, 37,141 lbs. Roasting ditto, 14,127 lbs. Mutton, 33,691 lbs. Pork (Farm) 9,252 lbs. Shins, 17,121½ lbs. }	2926	18	0				
Milk, 20,214 gallons	361	5	5				
Molasses, 1,017¾ lbs	8	11	5				
Peas, 52 bushels	20	16	0				
Potatoes, 486 bushels Ditto (Farm), 838 bushels	210	19	5½				
Carried forward...	£7,456	3	3½	2895	7	2	

Receipts—continued.

	£	s.	d.	£.	s.	d.
Brought forward	15,658	15	5	1,836	12	3½
From Unions, &c., not contributing:—						
Cosford	3	8	0			
Epsom	10	10	0			
St. Mary, Islington ..	6	10	2			
St. Luke's	5	2	0			
Blything	11	6	7			
Thetford	6	12	0			
				43	8	9
From County Treasurer	316	7	0			
				16,018	11	2
From Unions, &c., for Funeral Expenses:—						
Braintree	1	16	0			
Bishops Stortford	0	18	0			
Billericay	2	14	0			
Chelmsford	3	12	0			
Colchester	5	8	0			
Dunmow	7	4	0			
Epping	0	18	0			
Halstead	1	16	0			
Lexden and Winstree	0	18	0			
Maldon	4	10	0			
Ongar	1	16	0			
				31	10	0
Carried forward	£17,855	3	5½			

Payments—continued.

	£	s.	d.		£	s.	d.
PROVISIONS (continued) Brought forward	7456	3	3½		2895	7	2
Poultry	15	8	1				
Rice, 840 lbs.	6	15	0				
Sugar, 17,112 lbs.	255	1	11				
Salt, Spices, &c.	29	4	2				
Tobacco and Snuff { 392 lbs. Tobacco } { 77 lbs. Snuff }	80	1	10				
Tea, 3912 lbs.	382	14	3				
Vegetables (Farm)	403	15	3½				
					8629	3	10

FUEL AND LIGHTING.

Coals and Coke { Wallsend, 496 tons } { Steam, 637 " } { Skreenings, 184 " } { Coke, 3 chaldrons }	1103	14	1				
Candles, Stores 37¾ doz., Composites 4 doz.	12	9	9½				
Gas, 1,597,000 feet.. .. .	359	6	4				
Oil and Cotton	10	8	0				
Faggots	12	10	0				
					1498	8	2½

WASHING.

Soap, Yellow, 11,312 lbs.	144	12	0				
„ Soft, 31 firkins	23	3	3				
Soda, 3241 lbs.	13	0	6				
Starch and Blue { Starch, 952 lbs. } { Blue, 112 lbs. }	20	6	11				
Washerwomen	83	11	6				
					284	14	2

NECESSARIES.

Brushes, Mops, &c.	34	15	11				
Blacking, Black Lead, &c.	23	7	10½				
Combs and Hair Brushes	16	5	0				
House Flannel	24	15	0				
					99	3	9½
Carried forward	£13,406	17	2				

Receipts—continued.

	£	s.	d.	£.	s.	d.
Brought forward	31	10	0	17,855	3	5½
From Unions, &c., for Funeral Expenses (continued).						
Rochford	1	16	0			
Romford	10	16	0			
Sudbury	1	16	0			
Saffron Walden	3	12	0			
Tendring	2	14	0			
West Ham	8	2	0			
Witham	1	16	0			
	<hr/>			62	2	0

PROVISIONS.

Luncheons.. ..	2	8	8
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GARDEN AND FARM.

Pigs	23	3	0
Hay	27	0	0
Sheep	109	14	6
Value of Pork supplied to House ..	273	9	3
„ Potatoes	124	3	11½
„ Other Vegetables	403	15	3½
	<hr/>		
	961	6	0

MISCELLANEOUS.

Discount	22	0	10
Old Stores	0	19	7
	<hr/>		
	23	0	5
Carried forward	<hr/>		
	£18,904	0	6½

Payments—continued.

	£	s.	d.
Brought forward	13,406	17	2

SURGERY AND DISPENSARY.

Drugs	61	15	0
Wines	100	11	0
Spirits	52	10	0
	<hr/>		
	214	16	0

CLOTHING.

Calico	42	0	3
Leather, &c.	271	8	8
Bonnets and Ribbon	34	5	8
Shawls	19	0	6
Hose, Female	35	6	10
Handkerchiefs, Female	5	12	6
Flannel	82	12	0
Striped Linen	79	16	11
Print and Linsey for Dresses	155	12	8
Jean for Petticoats and Stays	20	14	5
Check for Aprons	4	18	4
Material for Caps	10	18	8
Stays	13	4	11½
Superintendent of Needlework	50	0	0
Thread, Needles, &c.	85	14	10
Shoemaker	54	12	0
Tailor	54	12	0
Cloth, &c.	114	18	5
Clothing, Male	118	8	0
Shirting	77	16	6
Hose, Male	37	12	0
Handkerchiefs, Male	4	13	9
Hats	20	16	8
Braces	4	12	0
	<hr/>		
	1399	8	6½
	<hr/>		
Carried forward	£15,021	1	8½

Receipts—continued.

					£	s.	d.
Brought forward	18,904	0	6½

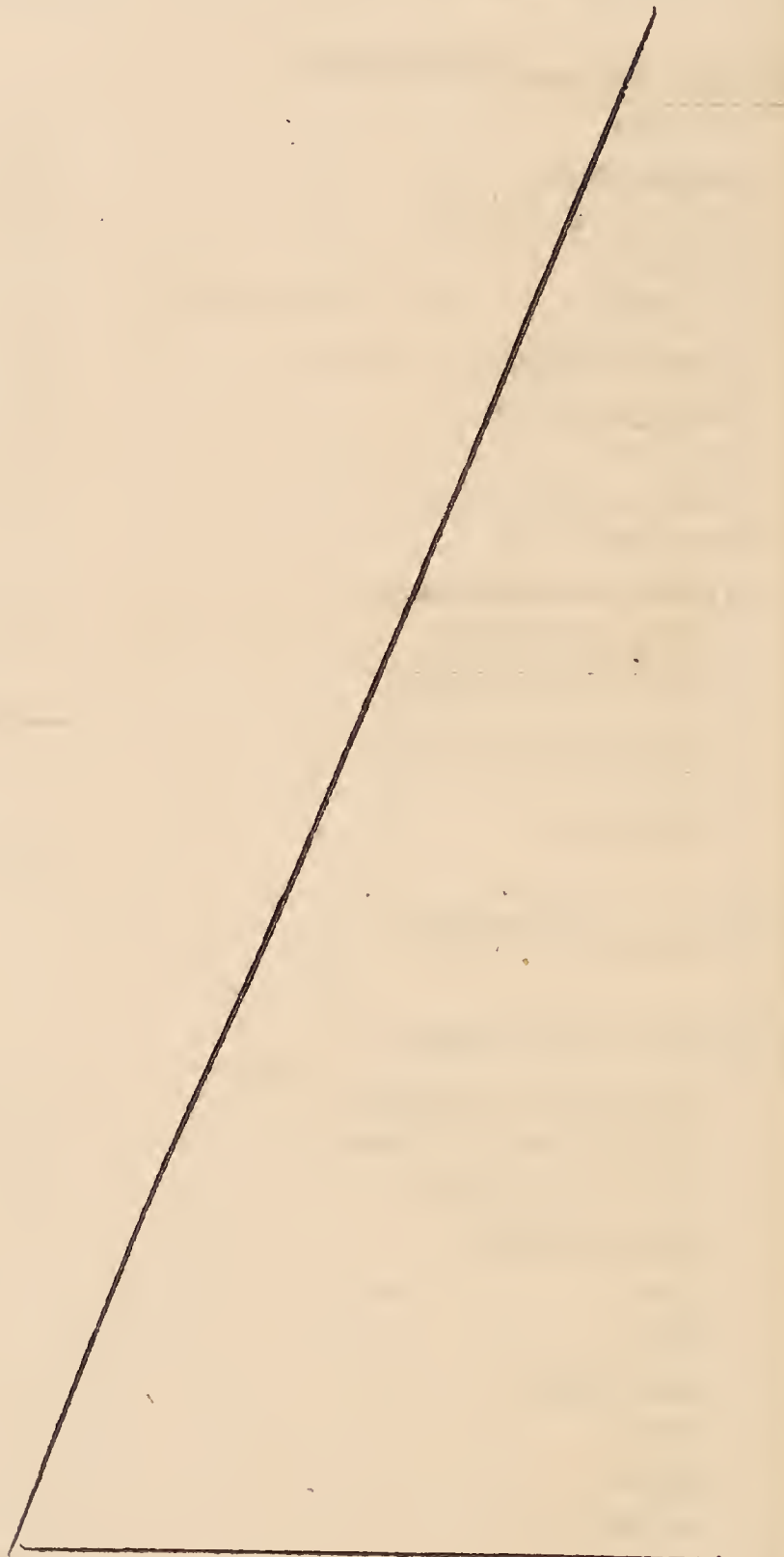
Carried forward	18,904	0	6½
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Payments—continued.

						£.	s.	d.
Brought forward	15,021	1	8½
FURNITURE AND BEDDING.								
Crockery	41	9	8
Ironmongery	41	17	11½
Matting and Carpet	150	16	3½
Furniture	24	2	3
Towelling	24	3	6
Linen Sheeting	142	1	9
Waterproof ditto	39	2	2
Bed Tick	57	19	1
Strong Rugs and Beds	12	10	5½
Blankets	66	6	6
Diaper for Table Cloths	9	12	6
Material for Blinds	19	11	1
Mattress, &c., Making	0	16	6
Counterpanes and Rugs	24	1	3
Toilets	2	6	0
Horse Hair	11	6	0
						<hr/>		
						668	2	11½
FUNERAL EXPENSES	62	2	0
GARDEN AND FARM.								
Implements and Repairs	54	14	5
Provender for Live Stock	142	15	0
Bailiff and Labourers	110	3	0
Seeds and Plants	96	3	11
Straw	98	0	0
Rates	10	7	2
Rent-Charge	16	9	11
Sheep	102	7	6
Manure	51	4	1
Sundries	14	15	8
						<hr/>		
						697	0	8
						<hr/>		
Carried forward	16,448	7	4

Receipts—continued.

					£	s.	d.
Brought forward	18,904	0	6½



TOTAL		<u>£18,904</u>	<u>0</u>	<u>6½</u>
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Payments—continued.

					£	s.	d.
Brought forward	16,448	7	4

MISCELLANEOUS.

Advertisements	12	1	0
Books and Periodicals	36	5	11
Stationery, Printing, and Account Books					69	2	5
Postage and Carriage of Goods, &c.	..				59	16	4
Petty Disbursements, &c.	78	12	10
Casks	22	6	0
Rates and Taxes	3	0	10
Allowance to Discharged Patients on Trial, (16 & 17 Vict. cap. 97, sec. 79.) and Removal of Patients	35	9	3

316 14 7

Balance	2138	18	7½
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£18,904 0 6½

BUILDING

Receipts.

				£	s.	d.
1866. Dec. 25., To balance of last Account	452	2	8½
1867. To proportion of Expenses of Additions, Alterations, and Improvements, viz:—						
County Treasurer	82	16	0
Borough of Colchester	4	12	7
„ Saffron Walden	1	6	2
„ Maldon	1	0	7
				<hr/>		
				89	15	4
To proportion of Expenses of Ordinary Repairs &c, viz:—						
County Treasurer	858	17	1
Borough of Colchester	48	0	2
„ Saffron Walden	13	11	7
„ Maldon	10	13	5
				<hr/>		
				931	2	3

£1,473 0 3½

ACCOUNT, 1867.

Payments.

			£	s.	d.
1867. Additions, Alterations, and Improvements, viz:—					
Additional Bedsteads and Bedding ..	75	12	10		
Urinals for Dormitories	14	2	6		
					89 15 4
Rebuilding Chimnies blown down by wind, and repairing roof	71	15	4		
Bricks, Tiles, Lime, Cement, &c.	34	6	1		
Carriage of Goods	3	18	0		
Iron, Brass Cocks, Unions, Piping, Gas Fittings, White Lead, India Rubber, &c.	93	6	4		
Nails, Screws, Locks, Sash Lines, Glue, &c.	28	19	8		
Tools	7	1	6		
Engine Oil and Tallow	5	5	6		
Furnace Bars, Stove Bottoms, Soot Doors, &c.	26	0	1		
Lavatory Basins	7	10	0		
New Steam Boiler Kitchen	48	10	0		
Repairing Boilers at Laundry, Engine House, and Male & Female side ..	213	11	7		
Cleaning Turret Clock	2	2	0		
Plumbers work, Lead, Glass, and Glazing	19	5	4		
Oil and Colours	26	19	0		
New Gates at Lodge Entrance ..	17	8	0		
Timber, Trussels, &c.	5	13	0		
Paper and Papering	19	9	11		
Bricklayers and Assistants Wages ..	79	16	1		
Engineer's and Assistants Wages ..	104	14	0		
Carpenter's Wages	60	0	0		
					875 11 5
Insurance	42	18	6		
Ratecatcher	7	10	0		
Law Charges, re Bloomfield	5	2	4		
					931 2 3
Balance					452 2 8½
					£1,473 0 3½

COUNTY OF ESSEX.

	Dr.	£	s.	d.
1866. Dec. 25. To balance of Account		596	13	11
1867. To proportion of Bills for Additions, Alterations, and Improvements, p. 55		82	16	0
The like, for Ordinary Repairs, &c., p. 55		858	17	1
		£1,538 7 0		
	Dr.			
1867. Mar. 15. By Cash				596 13 11
Sept. 6. "				531 9 10
Balance.. ..				410 3 3
		£1,538 7 0		

BOROUGH OF COLCHESTER.

1866. Dec. 25. To balance of Account		51	9	5
1867. To proportion of Bills for Additions, Alterations, and Improvements, p. 55		4	12	7
The like for Ordinary Repairs, &c., p. 55		48	0	2
		£104 2 2		
	Dr.			
1867. Feb. 22. By Cash				18 2 4
Oct. Ditto.. ..				33 7 1
Balance				52 12 9
		£104 2 2		

BOROUGH OF SAFFRON WALDEN.

	£	s.	d.		£	s.	d.
1866. Dec. 25. To balance of Account	9	8	9		9	8	9
1867. To proportion of Bills for Additions, Alterations, and Improvements, p. 55 ..	1	6	2		8	8	1
The like for Ordinary Repairs, &c., p. 55 ..	13	11	7		6	9	8
				Ct.			
	£24 6 6				£24 6 6		

BOROUGH OF MALDON.

1866. Dec. 25. To balance of Account	11	8	10		4	0	6
1867. To proportion of Bills for Additions, Alterations, and Improvements, p. 55 ..	1	0	7		7	8	4
The like for Ordinary Repairs, &c., p. 55 ..	10	13	5		6	12	0
				Ct.			
	£23 2 10				£23 2 10		

BALANCE SHEET.

	Dr.	Cr.	£	s.	d.
1867. Maintenance Account, p. 53	..		2,138	18	7½
Building	..		452	2	8½
			£2,591 1 4		
Cash at Messrs Sparrow's Bank		..	2,050	10	8
Ditto in hands of Steward and Clerk		..	15	7	6
Balances:—					
County Treasurer .. p. 56		410	3		
Borough of Colchester, p. 56		52	12	9	
„ Saffron Walden, p. 57		6	9	8	
„ Maldon, p. 57		5	2	0	
			474 7 8		
Arrears:—					
Edmonton Union ..		45	13	6	
St. Luke's, Middlesex ..		5	2	0	
			50 15 6		
			£2,591 1 4		

Approved,

NATH. C. BARNARDISTON, CHAIRMAN.

Examined,

NATH. C. BARNARDISTON, }
JOHN C. DAVIS, } AUDITORS.

SUMMARY OF EXPENDITURE DURING THE YEAR
1867.

Heads of Expenditure.	Expenditure.			Average Cost per Head per Week.		
	£	s.	d.	s.	d.	
Salaries and Wages	2,895	7	2	1	10 $\frac{3}{4}$	131,775
Provisions (less receipts)	8,626	15	2	5	8	209,080
Fuel and Lighting	1,498	8	2 $\frac{1}{2}$	0	11 $\frac{3}{4}$	88,257
Washing	284	14	2	0	2 $\frac{1}{4}$	1,973
Necessaries	99	3	9 $\frac{1}{2}$	0	0 $\frac{3}{4}$	29,465
Surgery and Dispensary	214	16	0	0	1 $\frac{1}{2}$	169,278
Clothing	1,399	8	6 $\frac{1}{2}$	0	11	60,178
Furniture and Bedding	668	2	11 $\frac{1}{2}$	0	5 $\frac{1}{4}$	30,331
Miscellaneous (less receipts)	293	14	2	0	2 $\frac{1}{4}$	62,453
	15,980	10	2	10	6 $\frac{1}{4}$	145,701
DEDUCT—						
Garden and Farm (less payments) ..	264	5	4	0	2	76,968
	£ 15,716	4	10	10	4 $\frac{1}{4}$	68,733
						212,363

CHAS. RAYNER, STEWARD AND CLERK.

FARMING ACCOUNT.

	Dr.	£	s.	d.		£	s.	d.
1866.								
Dec. 25.	Value of Live Stock..	172	4	0				
	Dead Stock & Crops	245	6	0				
	Implements	45	0	0				
					462	10	0	
1867.								
Dec. 25.	Implements and Repairs	54	14	5				
	Provender for Live Stock	142	15	0				
	Bailiff and Labourers	110	3	0				
	Seeds and Plants	96	3	11				
	Straw	98	0	0				
	Rates	10	7	2				
	Rent-charge	16	9	11				
	Manure	51	4	1				
	Sundries	14	15	8				
	Sheep	102	7	6				
	Balance in favor of Farm					697	0	8
						364	4	10
						£1,523	15	6
	Land under Cultivation:—							
	a. r. p.							
	32 2 36 Arable							
	6 2 26 Spade							
	15 3 9 Grass							
	0 3 21 Orchard							
						A 56	0	12
1867.								
Dec.	Value of Vegetables, &c. supplied to House, viz:—							
	Rhubarb, Fruit, &c...	20	17	10				
	Herbs, Onions, &c.	51	1	8½				
	Celery, Salad, &c.	17	11	11				
	Turnips	32	14	3				
	Carrots, Parsnips, Beetroot, &c.	52	8	4				
	Peas and Beans	64	16	0				
	Cabbage and Spinach	164	5	3				
	838 Bushels of Potatoes	124	3	11½				
					527	19	3	
	9,252lbs, Pork supplied to House	273	9	3				
	Labour done by Man and Horse Carting	7	5	0				
	Gravel, &c...	23	3	0				
	By Sale of Pigs	27	0	0				
	Hay	109	14	6				
	Sheep	159	17	6				
	By Value of Live Stock	133	0	0				
	Dead Stock & Crops	369	2	6				
	Implements	53	2	0				
					555	4	6	
						£1,523	15	6

WORK DONE BY FEMALE PATIENTS DURING THE YEAR 1867.

	MADE	REPD.		MADE	REPD.
Night Caps	94	1,789	Rugs		826
Day Caps	185	1,718	Pillow Cases and Ticks	542	2,510
Dresses	482	3,072	Stays	77	102
Petticoats	296	3,455	Pinafores	72	862
Chemises	498	5,360	Table Cloths	59	84
Aprons	132	3,330	Bonnets Trimmed	200	
Bed Gowns	99	1,630	Window Blinds and		
Handkerchiefs	597	899	Curtains	15	
Shirts	620	3,264	Knitted Curtains and		
Flannel Waistcoats ..	160	645	Valences	24	
„ Drawers		271	Shrouds	58	
Sheets	606	2,755	Dusters	1,624	
Towels	537		Sofa Covers	39	243
Hose		12,681	Chair Covers	26	5
Blankets		277	Knitted Table Covers .	9	
Mattress Cases & Mat-			Hats Trimmed	124	
tresses Upholstered .	76	74	Table Napkins	6	

WORK DONE BY MALE PATIENTS.

Work by Tailors:—	MADE	REPD.	Work by Shoemakers:—	MADE	REPD
Jackets	2	435	Male Leather Boots		
Vests	6	280	and Shoes	7	
Trowsers	9	880	Female ditto	59 $\frac{1}{2}$	
Ticking Rugs	16	15	Male Cloth ditto ..	9	
			Female ditto ditto .	42	
			Boots and Shoes ..		1,059 $\frac{1}{2}$

CONTRACT PRICES of the Principal Articles of Consumption.

ARTICLES.	DURING THE QUARTER ENDING			
	25th Mar., 1867.	24th June, 1867.	29th Sep., 1867.	25th Dec., 1867.
	£ s. d.	£ s. d.	£ s. d.	£ s. d.
Arrowroot.....Per Cwt. ..	4 10 0	4 10 0	4 10 0	4 10 0
Butter	5 14 0	5 10 0	5 0 0	4 18 0
Coals, WallsendPer Ton. ..	1 0 9	1 0 9	1 0 9	1 0 9
„ Screenings..... „ ..	0 10 0	0 10 0	0 10 8	0 10 8
„ Inland Steam.. „ ..	0 15 4	0 15 4	0 15 8	0 15 8
Cheese	3 13 0	3 13 0	3 9 0	3 5 0
Currants..... „ ..	1 12 0	1 12 0	1 12 0	1 12 0
Flour	2 7 6	2 7 0	2 10 0	2 9 0
Meat, boned beef, per stone, of 14lbs.	0 8 2	0 7 6	0 7 6	0 6 8½
„ roasting ditto „	0 9 0½	0 9 4	0 9 4	0 8 9
„ mutton „	0 9 0½	0 8 2	0 8 2	0 7 3½
„ Legs and Shins „	0 4 8	0 3 0	0 3 0	0 3 6
Milk	0 0 9½	0 0 8	0 0 8	0 0 8½
Malt	3 16 0	3 16 0	3 15 0	3 13 0
Raisins.....Per Cwt. ..	1 17 0	1 17 0	1 17 0	1 17 0
Sugar, Moist..... „ ..	No Contract.	No Contract.	No Contract.	No Contract.
Soap, Yellow..... „	1 12 0	0 0 0	0 0 0	0 0 0
	1 8 0	1 8 6	1 7 9	1 7 9
„ Soft	0 15 0	0 15 0	0 15 0	0 14 9
Starch	1 16 0	1 16 0	1 16 0	1 16 0
Sago	1 5 0	1 5 0	1 5 0	1 5 0
Snuff	0 3 10	0 3 10	0 3 10	0 3 10
Tobacco..... „	0 3 4	0 3 4	0 3 4	0 3 4

ESSEX LUNATIC ASYLUM.—DIETARY FOR THE PATIENTS.

Days of the Week.	BREAKFAST.						DINNER.						SUPPER.															
	MALE.			FEMALE.			MALE.						FEMALE.															
	Bread	Butter	Tea	Bread	Butter	Tea	Uncooked Meat	Bread	Beer	Soup	Meat Pie	Plum Pudding	Potatoes	Uncooked Meat	Bread	Beer	Soup	Meat Pie	Plum Pudding	Potatoes	Bread	Butter	Tea	Bread	Butter	Tea		
SUNDAY	6	½	1	5	½	1	7	5	½			12	7	4	½					12	4	½	6	½	1	5	½	1
MONDAY	6	½	1	5	½	1	3	6	½	1½			8	5	½	1½							6	½	1	5	½	1
TUESDAY ...	6	½	1	5	½	1	7	5	½				7	4	½					12	4	½	6	½	1	5	½	1
WEDNESDAY.	6	½	1	5	½	1	3		½				3		½					8 oz. inclu. in pie			6	½	1	5	½	1
THURSDAY..	6	½	1	5	½	1	7	5	½				7	4	½					12	4	½	6	½	1	5	½	1
FRIDAY	6	½	1	5	½	1	7	5	½			16	7	4	½				16				6	½	1	5	½	1
SATURDAY...	6	½	1	5	½	1	7	5	½				7	4	½								6	½	1	5	½	1
TOTAL...	42	3½	7	35	3½	7	34	26	3½	1½		48	34	21	3½				16	12		42	8½	7	35	3½	7	

When Vegetables are not given at Dinner the Males receive 8ozs. and the Females 7ozs. Bread each.

ESSEX LUNATIC ASYLUM.

THE ESTABLISHMENT, DEC. 31, 1867.

OFFICERS.	£	s.	d.	
Medical Superintendent	800	0	0	{ Apartments, Coals, Gas, Vegetables, & Washing
Chaplain	250	0	0	
Medical Assistant and Dispenser	200	0	0	{ Furnished Apartments, Board, Attendance, and Washing
Steward and Clerk.....	200	0	0	{ Furnished Apartments, Coals, Gas, Vegetables, and Washing
Matron.....	100	0	0	{ Furnished Apartments, Board, Attendance, and Washing
MALE ATTENDANTS AND SERVANTS.				
Head Attendant.....	37	0	0	Board, Lodging, & Washing
Two Attendants, £32 each	64	0	0	Ditto
Four ,, £30 ,,	120	0	0	Ditto
Twelve ,, £28 ,,	336	0	0	Ditto
Onenight ,,	32	0	0	Ditto
Engineer	80	0	0	
Engineer's Assistant and Stoker	26	0	0	Board, Lodging, & Washing
Stoker	18	0	0	Ditto
Bailiff	52	0	0	{ House, Coals, Washing, and Vegetables
Ploughman, at 15s. per week ..	39	0	0	
Ploughboy, 3s. per week	7	16	0	Board, Lodging, & Washing
Baker	60	0	0	
Baker's Assistant, 4s. per week	10	8	0	
Carpenter.....	60	0	0	
Shoemaker	54	12	0	
Tailor	54	12	0	
Bricklayer	65	0	0	
Gate Porter	50	0	0	{ House, Coals, Gas, and Washing
Assistant Store Keeper.....	30	0	0	Board, Lodging, & Washing
Cook.....	30	0	0	Ditto
House Porter	16	0	0	Ditto
FEMALE ATTENDANTS AND SERVANTS.				
Head Attendant.....	30	0	0	Board, Lodging, & Washing
Six Attendants, £20 each.....	120	0	0	Ditto
Seventeen ,, £18 ,,	306	0	0	Ditto
One night ,,	20	0	0	Ditto
One ,, ,,	22	0	0	Ditto
Superintendent of Needlework..	50	0	0	{ House, Coals, Gas, and Washing
Cook	26	0	0	Board, Lodging, & Washing
Housemaid	14	0	0	Ditto
Kitchenmaid	14	0	0	Ditto
Head Laundress.....	24	0	0	Ditto
Two Under ditto, £20 each	40	0	0	Ditto
One ,,	18	0	0	Ditto